

**MERSIN 2026 IBSA POWERLIFTING  
&  
BENCH-PRESS**

**EUROPEAN CHAMPIONSHIPS**

**Information Package**





# 1. Key Information

# Key Information



European Championships



Dates: June 26 to July 3, 2026



Location: Mersin, Turkey



Status: High Performance



Type: Open



Mandatory: Yes\*



**Capitation Fee: EUR 100 per athlete, EUR 50 per Official**



Accommodation payment deadline: **20 May 2026**



Entries by number open: **Currently open**



Entries by Name closing: **16 May, 2026**



Contact: LOC: [serkanbaltaci@tmpk.org.tr](mailto:serkanbaltaci@tmpk.org.tr)

[• info@tmpk.org.tr](mailto:info@tmpk.org.tr)

[IBSA:powerliftingbenchpres@ibsasport.org](mailto:IBSA:powerliftingbenchpres@ibsasport.org)

# General Information

## IBSA MEMBERSHIP

### ENTRIES

It is mandatory to manage the entry of athletes using the IBSA ISAS database: <https://isas.ibsasport.org/isas/>

Please remember that you must complete ISAS registration for every IBSA Championship.

- You should complete the ISAS entry by number (**deadline 06 May 2026**).
- You should complete the ISAS entry by name (**deadline 16 May 2026**).
- All athletes need to be licensed on ISAS. For licensing, you need to upload a passport/face photo/Athlete Eligibility

Agreement/personal information/MDF/Anti-Doping Certificate to be sent to cate to [Juliana@ibasport.org](mailto:Juliana@ibasport.org) /


paying the invoice/send proof of payment to IBSA Finance [finance@ibasport.org](mailto:finance@ibasport.org)

Please check these links for all important information:

Anti-Doping Certificate <https://ibasport.org/news/anti-doping-education-and-cooperation-with-national-federations/>

Licensing an athlete <https://ibasport.org/news/how-to-use-isas-a-guideline-for-ibsa-members/>

All athletes participating must hold a current 2026 ISAS license.



# ENTRY FEES

## IBSA CAPITATION FEES:

**European Championship Capitation Fee:** EUR 100 per athlete, EUR 50 per Official

**LOC will collect the IBSA Capitation Fee**

## IBSA CLASSIFICATION FEE:

The Cost of classification will be **€100 per athlete**.

IBSA will invoice each country after the Entry by Name deadline, based on the number of athletes requiring classification. The invoice must be paid to IBSA prior to the classification day. These funds support the development and sustainability of the IBSA classification system, including classifier education, international classification panels, management of the classification database, and the centralized classification project.

## LATE ENTRY PENALTIES CATEGORY FEE

LATE ENTRY BY NUMBER (COUNTRY DELEGATION) **€250**

LATE ENTRY BY NAME (NO CLASSIFICATION REQUIRED) **€150 PER ATHLETE**

LATE ENTRY BY NAME (CLASSIFICATION REQUIRED) **€250 PER ATHLETE**

**PURPOSE: ENSURE ACCURATE PREPARATION, SCHEDULING, CLASSIFICATION PANEL PLANNING, AND ANTI-DOPING LOGISTICS.**



# GENERAL INFORMATION CLASSIFICATION

## All athletes must comply with the IBSA Classification Rules and Regulations.

### CLASSIFICATION REQUIREMENTS

Athletes with a sport class status of New, Review, or Review with a Fixed Date (in the year of the Competition or earlier) are required to undergo international classification prior to the start of the Competition.

### SUBMISSION OF MEDICAL DOCUMENTATION

All Medical Diagnostic Forms (MDFs) and supporting medical documentation must be uploaded to the IBSA Sport Administration System (ISAS) no later than **16 May 2026**.

This applies to all athletes with a status of:

- New,
- Review,
- Review with a Fixed Date of 2025 or earlier

We're unable to accept late submissions, so the athlete will not be scheduled for classification.

### REQUIRED DOCUMENTATION

- Submitted documentation must include:
- Fully completed Medical Diagnostic Form (MDF)
- Relevant supporting medical documents
- Information on optical correction (e.g., glasses, contact lenses, filters)

Full details of the underlying health condition causing the vision impairment. Incomplete documentation will result in the athlete's registration being rejected.

### ELIGIBILITY TO COMPETE

To be eligible to compete, all athletes must hold an international classification sport class status of:

- New
- Review
- Review with a Fixed Date (after the Competition)
- Confirmed

# GENERAL INFORMATION CLASSIFICATION

Only Athletes with an eligible sport class and status will be able to compete.

To register to compete, each Athlete must be registered and licensed in ISAS for the year of the Competition.

- Be a minimum of 14 years of age by 31 December of the year of the Competition.
- Have an international classification sport class status of New, Review, Review Fixed Date, or Confirmed.
- Athletes are required to send high-quality medical documentation to the following email addresses: [classification@ibsasport.org](mailto:classification@ibsasport.org), [powerliftingbenchpres@ibsasport.org](mailto:powerliftingbenchpres@ibsasport.org), no later than **16 May, 2026**. We won't be able to accept documents submitted after this deadline, and the athlete will not be able to participate in the Competition. Please ensure all documents are sent promptly.
- An Athlete with a sport class status of New, Review, or Review Fixed Date the year of the Competition or earlier are required to undergo international
- Classification prior to the start of the Competition; in this case, Athletes must upload all Medical Diagnostic Forms and complementary documentation up to the deadline of 2026 prior to the Competition.
- Documentation should include if the Athlete wears optical correction (e.g., glasses, contact lenses, filters, etc.) when they compete. Failure to complete any classification-related work will result in the registration not being accepted for the Competition.

## CLASSIFICATION INFORMATION

**Classification panels will be available on the following dates:**

- **27 June**
- **28 June**

Athletes with a Review status are required to undergo the classification process.

All Delegations must ensure their athletes arrive before 27 June to attend classification. Athletes who fail to present for classification at their assigned time will not be permitted to participate in the Competition.

## IMPORTANT NOTES

Teams must plan their arrival before the start of classification to avoid missing their scheduled appointment. The classification timetable will be distributed one day before the start of classification, as per standard procedure.

If a team is unable to arrive on 26 June (with classification beginning on 27 June) due to travel limitations or other valid reasons, they may arrive on 27 June. However, they must inform the IBSA Chairperson, the LOC, the Technical Delegate (TD), the Classifiers, and other relevant officials in advance. This notification is essential to allow the classifiers to adjust the classification schedule accordingly.

## 2. Championships Dates & Timelines





# 3. COMPETITION VENUE



# COMPETITION VENUE

## Radisson Hotel Mersin

Address: Eđriçam, Hüseyin Okan Merzeci Blv No:685, 33120 Yenişehir/Mersin, Türkiye



# 9. General Informtio



# ANTI-DOPING

## ANTI-DOPING INFORMATION

### ATHLETES' ELIGIBILITY

Any delegate is eligible to inscribe in the competition provided he/she is:

- Not under suspension for anti-doping rule violation (IBSA or any other ADO).
- Had sent to IBSA the Anti-Doping Education Certificate (valid)

### DOPING CONTROL

At all IBSA Events, anti-doping controls must be conducted in accordance with the IPC and IBSA regulations.


The Sample Collection Authority appointed by the LOC will carry out doping control in accordance with the IBSA Anti-Doping Rules and management, and all data will be managed by ADAMS.

Prior to doping control, athletes can participate in the awarding ceremony, fulfill their press commitments, or receive medical treatment if needed.

The selected competitors will be constantly accompanied by an official chaperone (appointed by the organizing committee) from the time of notification until they arrive at the Doping Control Station or complete the process. An athlete's choice of person (team doctor, coach, trainer, delegation head, etc.) may accompany them. IBSA keeps the right to test any participating athlete beyond the above selection during an event. All additional tests are deemed in-competition tests. At its discretion, IBSA may also allow Testing Authorities to conduct out-of-competition tests. For more information, [link to the IBSA Anti-Doping Website](#)

Participating Delegation Members are encouraged to complete online anti-doping training [via WADA's ADEL system](#).

The National Federation is responsible for obtaining legal approval and permission for minor athletes to compete. When traveling with minors, the team official/coach must have all the necessary documents in place that authorize them to act on behalf of the parents/guardians "in loco parentis". This also applies to doping control. The National Federation must ensure that minor athletes have their parents' or guardians' permission to undergo testing.



## **Insurance and Indemnity**

Each Delegation must ensure that all Members of their Delegation are appropriately insured, including coverage for medical/health, travel, liability, accidents, and repatriation. All Delegation Members must have appropriate accident and health insurance accepted to compete.

All participating Delegations and their members agree to indemnify and not hold the LOC accountable for and against any claims for personal injury, financial loss, death, or property damage, in any form, arising out of or in any way resulting from the participation in, postponement, or cancellation of the said Competition.

## **Participation Conditions**

Only IBSA Member Federations in good standing can register to participate in the Competition.

According to the IBSA PO Technical Rules and Regulations, there is no maximum number of entries per Gender, Bodyweight Category, and/or Age Group per Member Federation.

**For detailed information and to ensure that no required procedures are missed, please refer to the special forms included in the Invitation Package, namely:**

- Accommodation Form
- Transportation Form
- Visa Requirement Form
- Accreditation Information Form

**All Delegations are required to complete these forms and submit them to the designated email addresses provided in the Invitation Package.**



## Bodyweight Changes

Athletes will have the opportunity to change Bodyweight Categories during the entry verification process, either up or down one (1) Bodyweight Category from the category assigned at the time of the final entry deadline. Only one (1) change per Athlete is accepted and must be requested during the allocated time of the entry verification process. A fee of fifteen Euros (€50) will be charged for each requested change and must be paid during the technical meeting for the change to be accepted. The new Bodyweight Category is accepted only upon payment and is considered final.

## European Championships Information

### Competition Structure and Awards for Mersin 2026 – IBSA Powerlifting and Bench Press EU Championship.

The competition will be conducted in accordance with the current Technical Rules and Regulations.

The IBSA Bench Press Competition will be held as a single-lift event on a separate day from the Squat and Deadlift competitions. Results from the bench press will also be counted together with Squat and Deadlift toward the Powerlifting Total.

This event will be organized for both men and women across all age categories: Open, Sub-Junior, Junior, and Masters.

**Challenge Fee:** The Challenge Fee is set at 50 EUR and will only be accepted in the following cases:

- When a challenge is submitted by the Athlete and/or their Coach against a decision.

When the Referees' decision ("Good Lift" or "No Lift") is split (e.g., two [2] to one [1]), and there is a serious error in the decision.

**Medal Awards:** Medals will be presented at the end of each Competition Session as follows:

- By Age Group: Open, Sub-Junior, Junior, and Masters
- By Event:
  - Total (Mersin 2026 IBSA Powerlifting and Bench Press EU Championships)
  - Bench Press – Single Lift (Mersin 2026 IBSA Powerlifting and Bench Press EU Championships)

# EUROPEAN CHAMPIONSHIPS INFORMATION

## EVENT DAY 4

- The Competition of **Mersin 2026 IBSA Powerlifting and Bench Press EU Championships** (all age categories: Open, Sub-Junior, Junior & Masters) will be conducted in accordance with IBSA Powerlifting Technical Rules and Regulations, BUT
- "Bench Press" as a Single lift among men and women will be held on a separate day from Squat and Deadlift, and the Bench Press' results will be counted as in the present Competition (all age categories: Open, Sub-Junior, Junior & Masters)


## COMPETITION DAY 1 – BENCH PRESS (SINGLE LIFT)

- Women: All weight categories
- Men: 56 kg, 60 kg, 67.5 kg
- Training: As per the official schedule

## EVENT DAY 5

- The Competition of **Mersin 2026 IBSA Powerlifting and Bench Press EU Championships** (all age categories: Open, Sub-Junior, Junior & Masters) will be conducted in accordance with IBSA Powerlifting Technical Rules and Regulations, BUT
- "Bench Press" as a single lift among men and women will be held on a separate day from Squat and Deadlift, and the Bench Press' results will be counted as part of the present Competition (all age categories: Open, Sub-Junior, Junior & Masters)

## COMPETITION DAY 2 – BENCH PRESS (SINGLE LIFT)

- Men: 75 kg, 82.5 kg, 90 kg
  - Men: 100 kg, 110 kg, 125 kg, +125 kg
  - Training: As per the official schedule
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# EUROPEAN CHAMPIONSHIPS INFORMATION

## *EVENT DAY 6*

### COMPETITION DAY 3

**Disciplines: Squat & Deadlift.** (All age categories: Open, Sub-Junior, Junior & Masters)

- Women: All weight categories
- Men: 56 kg, 60 kg

Training: As per the official schedule

## *EVENT DAY 7*

### COMPETITION DAY 4

**Disciplines: Squat & Deadlift** (All age categories: Open, Sub-Junior, Junior & Masters)


- Men: 67.5 kg, 75 kg
- Men: 82.5 kg, 90 kg

Training: As per the official schedule

## *EVENT DAY 8*

### COMPETITION DAY 5

**Disciplines: Squat & Deadlift.** (All age categories: Open, Sub-Junior, Junior & Masters)

- Men: 100 kg, 110 kg
  - Men: 125 kg, +125 kg
  - closing ceremony
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## 4. ACCOMMODATION

# ACCOMMODATION

## HOTELS DETAILS

The **Mersin 2026 European Championships** will have an official hotel for all athletes and team officials.

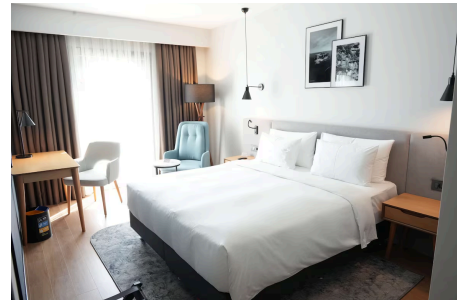
The hotel offers accommodation in wheelchair friendly, single, and twin rooms.

### Hotels Bookings NOTE!

Room bookings will be made on a "first-come, first-served" basis. Teams that complete the accommodation payment on time will be allocated to the hotel of their choice, subject to room availability. Teams that don't complete the payment or send a guarantee letter according to the invoice will be accommodated based on remaining room availability and subject to any change in the accommodation price.

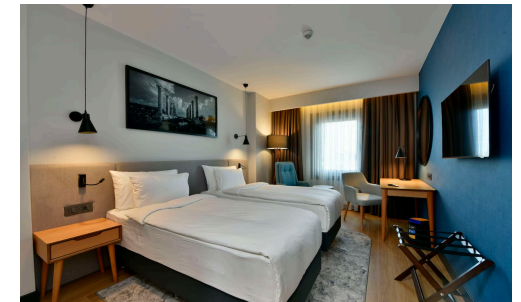
### SINGLE ROOM

- € 200 EUR per person per night (incl. VAT)
- 🛏 Number of beds: 1 bed Included: 3 meals
- 🍽 buffet style per day



### TWIN ROOM

- € 185 EUR per person per night (incl. VAT)
- 🛏 Number of beds: 2 beds. Included: 3
- 🍽 meals buffet style per day



# CHECK-IN & CHECK-OUT

## Check-in time

15:00h

First meal included: lunch on day of arrival

## Check-out time

12:00h

Last meal included: lunch on day of departure

## Early Check-in / Late Check-out

Fee: 1 extranight

Meals included: all meals

## Early Check-in / Late Check-out

- Early check-in for the Mersin 2026 EU Championships will incur an extra night charge, while rooms will be available at no additional cost after 15:00h.
- Late check-out for the Mersin 2026 EU Championships will incur an extra night charge for teams staying in their rooms after 12:00h. Teams can stay at the hotel lobby for free.

Teams that arrange and pay the accommodation fee for early check-in and/or a late check-out will have access to meals provided at the host hotel during the scheduled dining times.

# 5. PAYMENTS

# ACCOMMODATION PAYMENT

All participating Delegations and their members are required to stay in the official accommodations designated for the Competition.

All reservations must be made exclusively through the Local Organizing Committee (LOC).

- The official accommodation package includes breakfast, lunch, and dinner, served according to the schedule communicated by the LOC. Any additional charges related to accommodation services — including but not limited to early or late check-in/check-out, laundry services, room service, long-distance telephone calls, minibar use, or other personal expenses are the sole responsibility of each Delegation.
- Delegations will also be held financially responsible for any damage caused to hotel property, including fixtures, fittings, furnishings, or equipment. Such damages will be assessed and charged accordingly.
- All Delegations requiring accommodation must complete the “Accommodation Form” (Excel format) and submit it to the LOC no later than the specified deadline.

**All changes and updates must be communicated as soon as possible afterward by Email to LOC & IBSA**



# ACCOMMODATION PAYMENT CONDITIONS


## Payment & Cancellation Policy – Accommodation

- All accommodation payments must be made to the LOC upon issuance of the official invoice.
- The accommodation cancellation policy is as follows:
- Up to 20 days before arrival: 100% of the accommodation cost will be refunded.
- 15 days or fewer before arrival: 0% refund (full amount will be charged).
- Illness, injuries, or visa problems are not valid reasons for cancellation, except as outlined in the above policy.

If accommodation is requested after the final payment deadline, please note that availability in the official hotel cannot be guaranteed, and the prices may differ. Any extra charges and/or fees that may apply to booked rooms other than accommodation (such as laundry, room service, long-distance call, minibar) are each NPC's responsibility. Any damage to the room and the hotel fixtures, fittings, and furnishings will be the responsibility of the NPC and I'll be charged accordingly.

## PAYMENT ON ARRIVAL REQUEST

It is on the LOC's rights to accept or refuse a payment on arrival request from NPCs. If accepted, LOC may request the NPC to send a letter for payment on arrival.





## 6. VISA

# VISA AND INVITATION LETTER REQUIREMENTS

- Delegations are kindly requested to verify at the earliest opportunity whether their Members require a visa to enter the host country.
- All Delegations whose Members require a visa must complete the Excel file titled “Visa\_travel\_IBSA Form” and submit it, together with a copy of each Member's passport, to the Local Organizing Committee (LOC) via email at: [serkanbaltaci@tmpk.org.tr](mailto:serkanbaltaci@tmpk.org.tr) or [info@tmpk.org.tr](mailto:info@tmpk.org.tr) and put in CC [powerliftingbenchpres@ibsasport.org](mailto:powerliftingbenchpres@ibsasport.org) by the specified deadline.

Upon receipt of the required documents, the LOC will issue an official invitation letter, including the full list of the Delegation, to support the visa application process.


Please note that visa issuance, approval, or rejection is solely at the discretion of the relevant government authorities. The LOC has no authority over these decisions and cannot be held responsible for any outcomes related to visa applications.



## 7. Transport

# TRANSPORT

## OFFICIAL EUROPEAN CHAMPIONSHIPS AIRPORT: ÇUKUROVA INTERNATIONAL AIRPORT

- Participating Delegations must pay for their team members' international travel costs
  - The Local Organizing Committee (LOC) will provide local transportation between the official international airport and the official competition accommodations on the designated arrival and departure days. In addition, transportation will be arranged between the official accommodations and the classification clinic, according to a schedule that will be communicated in advance.
  - All Delegations requiring transportation services must submit their transfer details to the LOC via email at **[serkanbaltaci@tmpk.org.tr](mailto:serkanbaltaci@tmpk.org.tr) or [info@tmpk.org.tr](mailto:info@tmpk.org.tr).**
  - Any changes or updates to travel arrangements must be communicated to the LOC at the earliest possible time.
  - Please note that any deviations from the above arrangements may result in additional costs, which will be borne by the respective Delegation.
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# Contact details

## LOCAL ORGANIZING COMMITTEE CONTACT

- **SERKAN BALTACI**
- [serkanbaltaci@tmpk.org.tr](mailto:serkanbaltaci@tmpk.org.tr)
  
- **ELIF GUZEL**
- [elifguzel@tmpk.org.tr](mailto:elifguzel@tmpk.org.tr)
- [info@tmpk.org.tr](mailto:info@tmpk.org.tr)

## **IBSA POWERLIFTING**

[powerliftingbenchpres@ibasasport.org](mailto:powerliftingbenchpres@ibasasport.org)

[Sports@ibasasport.org](mailto:Sports@ibasasport.org)

**BSI45**

*Triumph of Spirit*

